

# RENEE MILL

## KEYNOTE SPEAKER

Renee is an accomplished speaker and is able to present at a conference, training session or wellbeing program. Her strengths are her humor, practical examples and real life experience that educates in an informative and enjoyable manner.

After you hear Renee speak, you will leave with lots of new information which you will be able to apply immediately. Her energy, wisdom and wit will leave you feeling inspired and uplifted for a long time afterwards.

Renee can cover several different topics which can be divided into 2 categories.

### Topics pertaining to work;

- team building
- team engagement
- bullying in the workplace
- achieving your optimum performance
- emotional intelligence at work
- leadership
- effective communication
- values
- motivating others
- conflict resolution
- other depending on your organisation's needs

### Topics relating to wellbeing;

- self esteem at work
- anxiety
- stress
- burnout
- mental health
- relationship issues
- finding balance in your life



Call Renee today on +612 9328 5899 to discuss your organisation's needs.

Together you will find a topic that will inspire, uplift and educate.